



Anti-Bullying Policy A Guide for Families Produced by Staff and Parents

Policy Aims

- nurture an environment in which each child feels respected, valued and secure
- involve whole school community in developing mutual understanding of the effects of bullying and the place we all have in combating it
- facilitate varied, positive, inclusive play
- further develop varied strategies for allowing children to approach adults and discuss their anxieties
- define rights and responsibilities and include them in a new 'Helpcard' for upper primary and poster or book for infants

through physical, verbal or intimidatory behaviour or in the form of marginalisation and exclusion."

What To Do : Pupils

If it happens to you: Tell an adult you trust. If you don't get the help you need keep asking till you do. Don't give up. No one has the right to make you unhappy and you must get help to make it stop.

If it happens to someone you know: Be a friend. Help your friend to get some help. If you do nothing you are giving the bully permission. Help your friend to find an adult to speak to; chum them if they want you to. If you see someone being bullied: Never join in. Always try to help if you can without being in danger yourself. Get help from an adult if you need to.

Definition : City of Edinburgh Council

"Bullying is an unacceptable form of behaviour through which an individual or group of individuals are or feel threatened, abused or undermined by another individual or group of individuals. Bullying can be expressed

What to do : Staff

If you uncover a bullying incident take charge; be calm; take it seriously; reassure, sympathise and empathise; offer help, advice and support; don't assume the bully is wicked - it is behaviour which is wrong. Alert a member of the senior management team and trigger the pro forma for the Recording of Bullying and Racist Incidents. Log located centrally.

Action and Monitoring
All incidents must be taken seriously and fully investigated. Parents must be appropriately informed at all stages. If an allegation of bullying is substantiated, support must be put in place in the form of individual, group or whole class work. A programme of

monitoring must be set with a clear indication of steps to be taken

What to do : Parents

Talk through with your child what has happened. Remember they will not always tell you the whole story. If what you hear is serious, report it to the school as soon as you can. We will deal with it as quickly as possible and we will get back to you. If your child is distressed, make sure they know you believe them and will do your best to get them the help they need to make the bullying stop. If you need support or further information contact the support agencies listed.

Gylemuir Primary School

Pupils' Charter

Through class discussion and assemblies the pupils put together the following charter 1. We are polite and honest. 2. We are kind and considerate. 3. We think about safety. 4. We are responsible.

Gylemuir Pupils say No to: Bullying, name calling, fighting or encouraging fighting, threats, racism or sexism, making faces, swearing, abusing school property or belongings, spitting, leaving people out, litter, throwing stones, speaking without thinking.

Gylemuir Pupils say Yes to:
Speaking up, being friendly, caring for one another, being polite, helping people when they are hurt, letting people join in, being considerate, being truthful, taking care of our environment, safe play and playing safely, conserving school rules.